
Thank you

*for choosing Dr. Tina Aiken
and Integrative Animal Care
to care for your pet.*

*It is our goal to provide
exceptional, compassionate
health care services for your
animal companion.*

*Please keep this page with
your pet's medical records. It
contains information that you
may want to refer to in the
future.*

*Should you need to contact us,
we can be reached by phone
or fax. Email can be sent for
supplement and medication
orders.*

Phone 518.329.5213

Fax 518.329.0026

Email
office@integrativeanimalcare.com

*(Please send messages for office
staff only – Dr. Aiken does not
respond to email enquiries)*

Website
www.integrativeanimalcare.com

3051 State Route 82
Ancramdale, NY 12503

Dr. Tina Aiken **Integrative Animal Care**

Appointments for dogs and cats can be scheduled for Mondays, Tuesdays, Thursdays and some Fridays 9 am-5 pm and alternate Saturdays 8:30 am – noon. Barn calls for your horse are usually arranged on Fridays. Dog and cat appointments are usually scheduled for 30 minutes for routine care. Acupuncture, chemotherapy, surgical, chronic illness and some other types of appointments may be scheduled for longer periods of time. Horse appointments usually take one to two hours. **Please bring to each appointment a list of medications and supplements that you currently give to your pet** including how much you give and how often. Also include what you typically feed your pet. We can provide a form for you to fill in or you can make your own list.

In An Emergency call the clinic at **518.329.5213** and speak to the office staff. If the clinic is closed, press “1” to leave an emergency message regarding cats or dogs and your call will be forwarded to Dr. Tina. She will call you back as soon as she receives the message. Please do not leave routine messages in the emergency voicemail box.

Supplement or medication refills can be ordered over the phone, by fax or by email. Please let us know the name and strength of the medication you need and how many pills or bottles you would like. Also, if you have more than one pet, please let us know which medication is for which pet. Voicemail messages can also be left with orders. Call the clinic at 518.329.5213 and press “3” to leave a message in Dr. Tina’s voicemail box. Orders can be picked up at the clinic during regular business hours, Monday, Tuesday and Thursday, 8am – 5:30pm (except between 4:30 and 5pm), Wednesday 8am – 3:00pm and Friday 8am – 3:00pm or, if you have a credit card on file with us, in the pick-up box outside for retrieval at any time.

Routine Health Care available includes new puppy/kitten exams, annual adult wellness exams, routine vaccinations (every 3-years when possible), vaccine titer testing as an alternative to repeated revaccination, heartworm testing, comprehensive laboratory testing services, dentistry (with or without general anaesthesia), digital radiography, electrocardiography, ultrasonography (by arrangement), cryosurgery, surgery, chemotherapy, hospitalization for acute/seriously ill patients.

Other Services available for horses and small animals include Nutritional assessment, advice and supplements, Acupuncture,

Recommended Reading

Pets at Risk: From Allergies to Cancer, Remedies for an Unsuspected Epidemic

Alfred J. Plechner, DVM and Martin Zucker

SOS Dog: The Purebred Dog Hobby Re-Examined

Johan Gallant

The Nature of Animal Healing

Dr. Marty Goldstein

Four Paws, Five Directions: A Guide to Chinese Medicine for Cats and Dogs

Cheryl Schwartz, DVM

Give Your Dog a Bone: The Practical Commonsense Way to Feed Dogs for a Long Healthy Life

Dr. Ian Billinghurst

The Natural Cat: The Comprehensive Guide to Optimum Care

Anitra Frazier and Norma Eckroate

The Inflammation Free Diet Plan

Monica Reinagel

Local Resources

Gina's K-9 Bed & Breakfast

Copake, NY
518.329.5675
Cage-free boarding.

Doggie Adventure

Garrison, NY
845.739.1019
doggieadventure.com
Doggie daycare and boarding.

I'll Be There Pet Sitting

845.876.6411

Malafy's Meat Processing

287 Milan Hill Road, Red Hook NY
845.876.6306

Hot Fuzz Dog Training

hotfuzzdogtraining.com
518.567.2070

Hudson Valley Dog Farm

train. stay. play
hudsonvalleydogfarm.com
845.233.8345

Chiropractic, Herbal Medicine (Western and Chinese), Insulin Potentiation Therapy (IPT), Prolotherapy, Intravenous Vitamin Therapy, Ozone Therapy, Adult Stem Cell Therapy, Hormone Balancing with Bioidentical Hormones, Low Energy Photon Therapy (LEPT), and Telephone Consultations.

Blood samples for blood screens should ideally be taken when your pet has fasted for 12 hours. To test the thyroid function (sometimes called the T4 test) it is important to take the blood 4-6 hours after giving the thyroid hormone. Please give the levothyroxine/thyroid tablets the same way you do every day, with or without food. Always stick to your usual routine of giving the medication except for the timing according to the scheduled appointment time. So, for example, if your appointment is at 2pm, the am dose should be given between 8am and 10am that morning. Please keep this in mind when scheduling your pet's appointment. (It's ok to give the medication earlier or later than you normally do, but you must be able to give the medication 4 to 6 hours before your appointment.) Tests take varying amounts of time to receive results. Dr. Tina will call you with the results when they are in. Pets do not need to be fasted for the Heartworm-Combination Test (HLEA Test).

Fasting your pet is required before any procedure involving general anesthesia. Food should not be given within 12 hours of your appointment. Water can be left available to your pet up to 1 hour prior of the appointment.

Telephone Consultations are available with Dr. Tina and are scheduled during regular appointment hours. At the appointed time, Dr. Tina will call the number you have provided to discuss your pet's case with you. Please mail or fax any pertinent test results or other information you would like her to review in advance of your appointment. Please limit your faxes to 10 pages or less. You must have a credit card on file with the clinic to use this service. Simple follow-up questions for Dr. Tina after your appointment can be sent via fax and she will respond via fax.

Dental Exams and Cleanings can be performed without anesthesia in a cooperative pet. Sometimes light sedation is required. Fasting is not required in these cases. If extractions or other more intensive treatment are needed, general anesthesia may be required.

Payment is expected at the conclusion of your appointment. We accept cash, checks and Visa, Mastercard or Discover credit cards or debit cards. Your credit card information can be kept on file to facilitate mail orders in the future if you desire.

Our Website, www.integrativeanimalcare.com, has more information about Dr. Tina's practice and available services.