

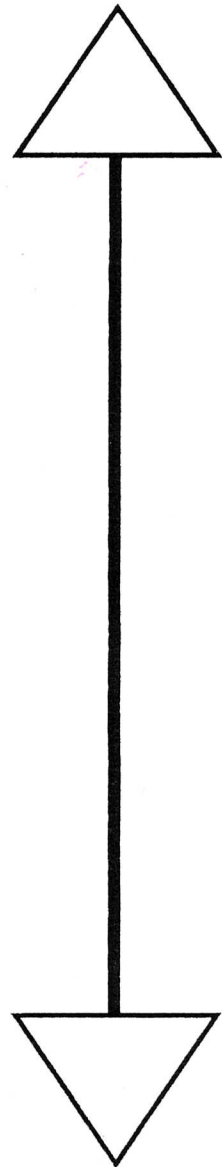
DOING THE BEST YOU CAN

Feeding Your Companion Animals

Food choices are not a matter of right or wrong, black or white. By understanding what is ideal and what is not, we can make intelligent decisions which at least take us ever closer to the ideal. The chart to the right outlines how our feeding choices for our pets (carnivores) can affect their health. The closer to the upper level choices, the better the chance for optimal health. You will likely be in the middle ranges most of the time. That is fine, as long as you always press toward the ideal.

- A. Hunted, raw prey (not realistic in modern society)
- B. Fresh raw meats, bones, organ meat, with small amounts of fresh vegetables and fruits. Include a well-rounded vitamin/mineral/enzyme mix, probiotics and omega 3 & 6 essential fatty acids (EFAs)
[Feed 70% meat/bone, 10% organ meat and 20% vegetables]
- C. Fresh cooked meats, calcium, organ meat, with small amounts of fresh vegetables and fruits. Include a vitamin/mineral/enzyme mix, probiotics and omega 3 & 6 essential fatty acids (EFAs)
- D. SuperPremium commercial foods plus the supplements named above and augmented with some fresh, **raw** foods. Some examples of SuperPremium foods: Flint River Ranch, Innova, Wysong, Solid Gold, Canidae, California Natural
- E. As in D, but adding fresh **cooked** foods
- F. SuperPremium commercial foods WITHOUT fresh raw or cooked foods added
- G. As in D or E, but using Premium commercial foods like Science Diet, Iams, Eukanuba, Purina Pro Plan, etc.
- H. Premium commercial foods alone
- I. Generic commercial foods like Purina Chow, Alpo, Old Roy, Kibbles and Bits, Friskies, etc.
- J. No food

Ideal -
Healthy



Worst -
Unhealthy